



District Training Day
Saturday, January 20, 2018
New Creation United Methodist
4320 Bruce Road
Chesapeake 23321

The Schedule

8:30 am:	Registration
9:00 am:	Plenary 1 (DS Wayne Snead, Rev. Brandon Robbins)
9:45 am:	Break
10:00 am:	Session 1 Workshops
11:30 am:	Lunch
12:15 pm:	Plenary 2 (Rev. Rachel Gilmore, Joe McDaniel)
1:00 pm:	Break
1:15 pm:	Session 2 Workshops
2:45 pm:	Dismissal

Session 1 Workshops:

- 1. Bound for the Promised Land (Marc Brown, Virginia Conference Director of Connectional Ministries):** Understanding how the story of the spies in the Promised Land in Numbers 13 and 14 is an analogy of today's Church. Interpreting congregational reality and goal setting that helps a local church overcome the giants that are facing its ministry. Ideal for Church Council/Board chairs, discernment teams, and Lay Leaders.
- 2. How to Navigate Social Media (Madeline Pillow, Virginia Conference Director of Communications & Editor of the Advocate):** For churches ready to delve into the world of social media, or ready for new ideas, this workshop will look at some of the social media platforms and how they can work for your church. Having an online presence is integral in this digital age as well as understanding what social platforms make the most sense for your ministries and church demographics.
- 3. Ways of Experiencing God (Carol Bookwalter & Suzanne Spencer, Virginia Conference Older Adult Council):** An interactive workshop on spiritual formation including prayer, meditation, journaling, and study offered by members of the Conference Older Adult Council. While the workshop is not just for older adults (however you define that), time will be spent discussing the many ways older adults can experience new and renewed vitality in their own spiritual formation.
- 4. Missional Disciples - Missional Church (Glenn Rowley, Virginia Conference Director of Mission & Global Justice):** What does God ask of us as we serve as disciples of Jesus Christ and Christ's church engaged in mission inside and outside its doors that really is transformational?
- 5. 3 Fruitful Strategies to Build Sustainable Youth Ministries (Paulo Lopes, Virginia Conference Director of Next Gen Ministries):** Youth ministry leaders are some of the most passionate, "all in" people you will ever meet. They are also tired, burnt out, and many times frustrated with the results they see. This workshop aims to encourage youth ministry leaders, and to equip them with effective principles and tools for building sustainable ministries.

6. 4 Key Roles in Church Finance - (Bonnie Whitehurst, English pastor, Virginia Korean):

This workshop will provide an overview of the responsibilities for four key roles in the local church regarding finances: the Finance Committee, the Chair of Finance, the Treasurer, and the Financial Secretary.

7. Everything You Need to Know About S/PPRC: (Wayne Snead, District Superintendent):

The Staff-Pastor Parish Relations Committee is the administrative unit in the local church where staff and congregational interests are integrated to focus on the mission of the church. This workshop will explain who the committee is and is not, the four duties of the committee, five areas of focus, a calendar flow for meetings, and much more. Ideal for new and returning members on S/PPRC.

8. Radical Hospitality in Your Community (Michelle Louk, pastor Heritage UMC): This workshop will touch on the true meaning of relational evangelism or hospitality, acknowledging that relationships come before the invitation. The workshop will also explore sharing your story, beginning outside conversations, and using demographic studies.

9. Human Trafficking is Real (Samaritan House, Virginia Beach): Learn about the realities of human trafficking in our own area, and ways to be involved in the solution. Participants will be introduced to an overview of the work of Samaritan House and ways to partner.

10. How to Make Small Talk (Brent Levy, pastor Christ UMC, Chapel Hill): It's hard to meet new people, and even harder to invite them to your church. Using improv techniques, this workshop will explore easy and simple ways to make small talk when meeting new people.

11. How to be a Dementia Friendly Church (Martha Stokes, Director of Church & Community Relations, Pinnacle Living): Dementia friendly churches are accessible and inclusive for people with dementia and their care partners, understanding how dementia affects a person physically, emotionally and mentally and the impact upon those who care for them. Churches have a vital role in helping create dementia friendly communities, places that demonstrate God's love for all people. Come explore the actions needed to become a dementia-friendly church, from access of physical settings to continued spiritual formation needs.

12. Laity & Clergy: Partners in Ministry (Sherry Daniels, pastor Norfolk UMC): The making of disciples as life-long learners and those that will influence others to serve and lead to the transformation of the world is only possible through the partnership of clergy and laity in our local congregations and extension ministries - with Jesus Christ at the center of their lives. This partnership is key to change and vitality in local churches and communities. Learn ways to build stronger partnerships and "tap into your spiritual strengths."

Session 2 Workshops:

1. Speaking Order to Chaos (Marc Brown, Virginia Conference Director of Connectional Ministries): Transformation is the story of creation told in the present tense. This workshop focuses on how a congregation can deal with future questions of purpose and identity that order its present ministry. Ideal for Church Council/Board chairs, discernment teams, and Lay Leaders.

2. Ready for a Communications Check-Up? (Madeline Pillow, Virginia Conference Director of Communications & Editor of the Advocate): Wanting to assess the communication within and outside your church? Within a group discussion, imagine moving your church communications up to the next level. Not online yet? Consider how an online presence might affect the different aspects of your church. Looking to add more of a presence

on social media? Learn which social media platforms make sense for your church and how to use them. We'll start by assessing the current communications plan of your church and what the next level would look like. Come ready to share about your church's demographics, ideas and imagining a new direction for your church's communications plan.

3. Mission & Justice (Glenn Rowley, Virginia Conference Director of Mission & Global Justice): What takes place at the intersection of the call to serve God's people in mission and addressing injustice locally, nationally and globally? We will look at the biblical mandates as well as the historical United Methodist understanding of our theological and missiological tasks as well as our Social Principles.

4. How to Develop People in Ministry (Paulo Lopes, Virginia Conference Director of Next Gen Ministries): Very few of us disagree that we must move "from members to disciples." But few of us can articulate what it looks like to actually make a disciple. Yet, making disciples is the most important thing every Christian should be doing! This workshop exists to give participants simple, yet effective tools they can immediately apply to their communities and every day relationships, so they too can become disciple-makers for the transformation of the world.

5. How to Raise Money All Year (Wayne Snead, District Superintendent): Stewardship does not have to be isolated to one part of the year. An overview of best practices and practical tools will be introduced to help your congregation become a generous church year round.

6. Radical Hospitality as you Follow Up & Assimilate (Michelle Louk, pastor Heritage UMC): Hospitality does not stop after church on Sunday. Learn how to follow up with visitors by making it personal, specific, and relational, the importance of bridging events and special Sundays, as well as making a plan to assimilate guests to be connected with your church and a disciple of Jesus Christ.

7. The Experience of Worship (Stacey Coopridner, Director of Youth & Young Adult Ministry, New Town UMC): This workshop will explore how what we experience in worship on Sundays affects the rest of the week. By taking a look at the different elements of worship (praise, prayer, word, etc), the group will consider how it equips the congregation to live a lifestyle of worship.

8. 8 Ways to Care for The Rivers (Ellen Comstock, retired clergy & Global Ministries' Commissioned EarthKeeper): The Elizabeth River District is full of rivers: the Elizabeth, Lynnhaven, Indian, and Nansemond. YOUR church is in the watershed! This workshop will explore at least eight ways your church can care for creation in your church yard and along the rivers.

9. Trustees Round Table (Stephanie Parker, Associate Pastor New Creation UMC): This workshop will be a panel discussion with trustees from local churches, facilitated by Rev. Stephanie Parker. Those who sign up will be invited to email questions prior to the Training Day to be used in the discussion.

10. Please Don't Ask Me to Visit . . . (Martha Stokes, Director of Church & Community Relations, Pinnacle Living): Friendly visits are part of the vital connection of the church to older members and others who can no longer physically attend church regularly. Yet many people are hesitant to offer their time and gifts to congregational care and similar teams because they are uncomfortable with visits, especially if the person they are visiting has memory concerns or significant health conditions. Let's take the anxiety out of visitations by looking at the use of a reminiscing kit.

11. **Disaster 101 (Bob Pihlcrantz, pastor Mount Pleasant UMC):** We have seen disaster strike all around the world, including here on the Elizabeth River District. This workshop will introduce how disaster response and recovery works. In addition, learn how to prepare, how to respond, what training is available, and the fundamentals of the Conference Disaster Plan.

12. **5 Ways to Pray for Your Church (David Ryu, pastor Charity UMC):** There are no vital congregations without vital spirituality. Prayer is at the heart of vital spirituality. Learn why it is important to pray for your church and what can happen when you do. You'll leave this workshop with practical ideas on how to develop a prayer ministry to use in your local church

Lunch:

Homemade, all you can eat, soup bar. Soups will include: navy bean and ham, chicken noodle, and potato. Rosemary, Olive oil yeast bread will also be provided, as well as an assortment of desserts.

Lunch will be provided by and support the Ukraine Mission Team from New Creation UMC.

Cost: \$12 (covers lunch, fees, and materials)

Registration Form

Name: _____ Email: _____

Phone: _____ Church: _____

Workshops:

Write in the number of the workshop you wish to attend in the appropriate spaces below.

Session 1: _____ Session 2: _____

Child Care:

___ Yes, I will need child care.

Please indicate the names and ages of children below:

*You can register online at elizabethriverdistrict.org. If mailing in registration, please make checks out to "Elizabeth River District" with "Training Day" in the memo. Mail to P. O. Box 12654; Norfolk, VA 23541; Attn: Jason Stanley. **Deadline: January 11, 2018.***